



All-inclusive Eco-Adventure Residential Package

Low Season

2 nights/3 days
Includes coach and ferry travel,
accommodation, meals and
activities - venues in
Lake District & West Yorkshire

These exciting and educational Eco- adventure packages are offered by **First Education and School Travel**, long-standing partners of FSC and a professional school tour operator. We work with partners throughout the UK to deliver school trip packages to thousands of school pupils each year. We focus on quality, value for money and in bringing all aspects of school trip planning into one easily accessible place. Booking an all-inclusive school trip package with us could not be easier, we arrange every aspect of your visit, from your initial booking through to your return home. Each programme provides significant, robust and transferable learning outcomes for both primary and secondary groups.

Our special all-inclusive low season package rates are only available when booked directly through **First Education and School Travel**.



The all-inclusive packages are available at a significantly reduced cost for bookings taken between November and March and can be delivered either over 2 nights / 3 days or 4 nights / 5 days. Provided in partnership with LOTC accredited FSC Blencathra, FSC Castle Head and FSC Malham Tarn, we include your coach travel, meals, accommodation plus a range of great activities.



Venues available:

FSC Blencathra: The Blencathra Centre occupies a dramatic setting at 300m on a south facing slope of Blencathra in the Lake District National Park and offers an unparalleled panorama across the Keswick, Helvellyn and Skiddaw areas. Fieldwork opportunities at Blencathra take place in and amongst the rugged fells, magnificent glaciated valleys, and nestling villages and towns creating this view. The Centre generates its own hydro-electric power and is heated using renewable biomass. The centre offers excellent facilities for schools and groups.



FSC Castle Head: Castle Head is located in south Cumbria between the coast of Morecambe Bay and the Lake District National Park. The Centre is easily accessible and only an hour and a half by coach from both Manchester and Liverpool. With easy access to both the coastline of Morecambe Bay, the glaciated uplands of the southern Lake District and the lakes of Windermere and Coniston, Castle Head is ideally situated for a wide range of both field studies and on-site activities.



FSC Malham Tarn: Malham Tarn is based around a Georgian fishing lodge situated on the northern shore of Malham Tarn and is surrounded by the 147-hectare Malham Tarn National Nature reserve, which along with the Centre buildings is owned and managed by the National Trust. The Centre itself has accommodation for 105 guests in rooms across three buildings, two thirds of which are en-suite, including one fully accessible bedroom.

Our range of Eco-Adventure activities include: Team Challenges, Woodland Studies, Bushcraft, Mammal Trapping, Low Ropes, Night Walk, Compass Course, Orienteering, Pond Dipping and Camp Fire

Example 2 Night Programme

DAY	MORNING	AFTERNOON	EVENING
DAY ONE	<p>09.30 - Depart school by coach Arrive - Midday approx</p> <p>-----</p> <p>Welcome to the centre</p> <p>Introduction to course</p> <p>Allocation of waterproofs</p>	<p>Woodland Ecology Study Students will investigate the structure of a woodland from top to bottom with ecological investigations. They will work on plant and tree identification and abiotic and biotic data collection, as well as the invertebrates that live within the vegetation. Students will also be introduced to the world of carbon storage and how important our trees are.</p>	<p>Night Walk An exciting short journey in the countryside using all senses to observe the landscape, human impacts, and signs of animal life. An opportunity to team-build through a series of mini-activities in a variety of locations.</p>
DAY TWO	<p>Pond Dip Investigate how the creatures that live in the pond have adapted to live there. Using sweep sampling to discover life that lurks beneath in our pond, students will use dichotomous keys to classify the species and investigate how the invertebrates have adapted to suit their environment as well as looking at life cycles and processes.</p>	<p>Bushcraft Students will discover how early settlers would have survived in the wild with bushcraft skills. Learn and use fire lighting skills including using spark sticks in order to maintain an open fire to make hot drinks using camping kettles. Build shelters using tarps, ropes and natural materials found in the woodlands.</p>	<p>Camp Fire Spend the evening sat round the campfire, toasting marshmallows telling stories and singing songs.</p>
DAY THREE	<p>Team Challenges / Blindfold Trail Getting to know each other in a new context; improve communication and team work skills via a series of activities including the balance beam, raging torrent, wobble maze and team skis. Test your senses and trust in your team mates by being lead blind around our roped woodland trail. Watch out for those obstacles along the way, hold on and step carefully.</p>	<p>Review course Hand in equipment</p> <p>Depart -13.00 by coach</p>	<p>Please note: to ensure safe and quality learning experiences for students, the timetable may alter depending on weather conditions and local factors at centres.</p>

Who are we?

First Education and School Travel are a long established UK school trips provider. We are a fully bonded tour operator working to official package travel regulations. We work with partners across the UK to provide a range of all-inclusive residential and day visits and school coach travel services. All year round.

Working with a range of our partners, we have created a whole raft of LOW SEASON offers, available at a number of venues across the UK this autumn and into next spring.



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