


 **first** Education & School Travel
working in partnership with

 **Field Studies
Council**
Castle Head



Designed for
Key Stage 2 and
Key Stage 3

Low season
all-inclusive
residential offer
Nov 2026 –
March 2027

All-inclusive Adventure Residential Package

Castle Head, Cumbria

Book Now

Call us on 0203 467 2002 or email
school.travel@firstbus.co.uk to
discuss your requirements.



All-inclusive packages

This all-inclusive KS2 and KS3 residential visits are delivered in partnership with FSC Castle Head - **we include all coach travel, accommodation and meals plus your 'off the shelf' Adventure Activity Package.** This offer relates to trips taken between November 2025 and March 2026.

Who are we?

First Education and School Travel are one of the UK's leading providers of school trip packages, working in partnership with over 100 venues and activity providers.

Renowned school tour operator

We are a fully bonded school tour operator working to current UK Package Travel Regulations through our membership of the British Coach Holidays Financial Protection Scheme. This means your deposit payments are 100% safe with us. See our website for details: www.firsttravelsolutions.com/fest



The Adventure Package

Delivered over 2 nights / 3 days - your coach collects you from school on day 1 aiming for a noon arrival on-site. Your package ends after lunch on day 3 with the coach collecting you at 13.00. Activities are led by experienced, qualified instructors and are fully risk assessed.

The adventure programme is designed to offer challenges suitable for both **Key Stage 2 and Key Stage 3** students. The programme gets students involved and engaged with the outdoors, taking part in hands-on experiences and activities. This programme can be adapted to all abilities.

Programmes are designed to:

- Increase interaction with nature
- Build confidence and resilience through activities and challenges
- Develop communication and social skills
- Encourage independent thinking

The Venue

Castle Head is located in beautiful South Cumbria between the coast of Morecambe Bay and the Lake District National Park. With access to both the coastline of Morecambe Bay, the glaciated uplands of the southern Lake District and the lakes of Windermere and Coniston, Castle Head is ideally situated for a wide range of outdoor learning activities.



Accommodation: Comfortable accommodation for up to 160 guests in a mix of dormitories and en-suite rooms.

Meals: Fully catered homemade healthy meals from evening meal on day 1 through to packed lunch on day 3, with all dietary concerns taken care of.

There are generous indoor spaces and common room areas. All bedding is provided but all participants should bring their own towels and toiletries. Participants can hire walking boots, wellingtons, small rucksacks, and waterproofs.

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Day 1: Arrival and Welcome to the Centre

Morning	Afternoon	Evening
<p>Arrive on site at around 12:00 noon</p> <p>Eat own packed lunches</p> <p>Welcome</p>	<p>Outdoor Team Challenges</p> <p>These fun activities can focus on problem-solving, communication skills or building connections, depending on your objectives.</p>	<p>Nightwalk or Orienteering</p> <p>An introduction to wildlife, the night sky or nighttime navigation.</p> <p>Orienteering develops understanding of map and compass skills whilst working in teams to find points in the centre grounds.</p>

Day 2

Morning	Afternoon	Evening
<p>Canoeing/Raft Building/Obstacle challenges</p> <p>Paddling in sheltered water. Skills will be developed and students will learn about the equipment needed to be safe in water.</p> <p>Activities are used to promote positive wellbeing and to help students feel linked to the landscape.</p>	<p>High Ropes or Low Ropes</p> <p>The Low Ropes course challenges agility and balance and is huge fun for all.</p> <p>High Ropes Courses are made up of different exciting elements designed to develop many skills - notably trust in oneself and others, along with an exploration of personal and team resilience.</p>	<p>Campfire</p> <p>An excellent opportunity for reflection and storytelling.</p>

Day 3

Morning	Afternoon	Evening
<p>Bushcraft: Firelighting and shelter-building</p> <p>Another opportunity to work in teams and develop communication skills and resilience, pupils will find out what is needed to survive outside.</p>	<p>Eat packed lunch on site and say goodbye.</p> <p>13.00 Coach Departs</p>	



Be more inclusive

We understand the current impact of cost-of-living increases on household budgets. We recognise how this will be affecting some student's opportunity to take part in a school trip.

You can help parents to include their child by moving your trip to a low season month, reducing the cost burden significantly and thus encouraging more opportunities for more pupils.

This low season all-inclusive package is delivered between **November and March** each year.

These special prices are only available when booked directly with us as an all-inclusive package.

How to book

Simply let us have some details of your proposed group and your requested dates between November and March and we will provide an all-inclusive quotation.

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