

 **first** Education & School Travel
working in partnership with



Low season
special offers for
visits taken
between
November 2026 -
March 2027

Langdale – Lake District

All-inclusive **Discovery** residential
packages for schools

Available all year round

Book Now

Call us on **0203 467 2002** or email
school.travel@firstbus.co.uk
to discuss your requirements.



Who are we?

First Education and School Travel are one of the UK's leading providers of school trip packages, working in partnership with over 100 venues and activity providers.

Renowned school tour operator

We are a fully bonded school tour operator working to current UK Package Travel Regulations through our membership of the British Coach Holidays Financial Protection Scheme. This means your deposit payments are 100% safe with us. See our website for details:

We are members of the Council for Learning Outside the Classroom



**Book Now - Call us on 0203 467 2002 or
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The Venue

YHA Langdale is a sprawling Victorian mansion, steeped in history and perched above its own three tier arboretum that's managed by the National Trust. Its labyrinthine corridors and ornate grandeur captivate most guests.

YHA Langdale's enviable location is unmatched, with stunning views of the Langdale Pikes, Loughrigg Fell and rolling views all the way down to Lake Windermere and Bowness. This is a hostel from which the central fells can be explored and enjoyed immediately upon stepping out through the front door.

Coaches drop the group in Elterwater on arrival and baggage is then transferred to the venue by the centre team. The group will then make their way through this stunning landscape, from the drop off point up to YHA Langdale itself - a 20 minute walk.

The venue has **106 beds over 15 rooms**. All of the rooms are located on the first floor of the building, with the exception of an en-suite room on the ground floor. Shared toilet and shower facilities are close by.



All-inclusive Packages

These great value, all-inclusive curricular linked residential visits are delivered in partnership with YHA Langdale and are renowned for their high quality and value for money - **we include all coach travel, accommodation, meals, plus your chosen activities.**

2 nights / 3 days - Arriving at lunchtime on Day 1 - departing at lunchtime on Day 3 - activities are delivered during the mornings, afternoons, and evenings. Starting with the afternoon on Day 1.

This LOTC accredited venue and activities cover various subject areas within the curriculum. Activities are led by on-site staff, with programmes arranged, itineraries planned and all details fully risk-assessed, taking away the pressure from trip organisers.

The Programmes

We offer **THREE packages** with a range of activities for you to choose from in advance, these are delivered both in the hostel grounds and also within the surrounding landscape of the Lake District National Park.

Choose from our all-inclusive **Discovery Programme**, our **Alex Rider Mission Briefing** or the more adventurous **Multi-Activity Programme** – each package includes your return coach travel, accommodation, a full board meals service as well as your chosen activities.

The Discovery Programme:

Includes a fabulous range of activities and team challenges. Choose from...



Rydal Cave Guided Walk – duration 2-3 hours

A guided walk that takes the group along Loughrigg Terrace with stunning views over Grasmere and towards the Helvellyn range. Groups can then spend some time in the mystical Rydal Cave and try their hand at building slate towers. The return route takes the group along the shoreline of Grasmere and up through the ancient woodlands to the hostel.

Archery – Duration 1 ½ hours

Pupils learn all about archery. The whole group will be given a safety demo and shown how to shoot correctly. Each participant will then shoot their arrows under guidance and tuition.



Team Challenges – Duration 1 ½ hours

It's all about building teamwork! Pupils will be taken through a series of different team challenges each designed to test different aspects of teamwork. Sessions include giant skis, marble run, inner tube challenge, swamp crossing and more.

Shelter Building – Duration 1 ½ hours

Learn the art of making an outdoor shelter using various resources. Different designs will be shown to the group and practiced, before each team is provided with a scenario to design and build a shelter for.

Fire Lighting – Duration 1 ½ hours

An introduction to the art of safe fire lighting, pupils will be taught about the fire triangle, and historic methods of starting fires before they build their own campfire using a flint and steel.

Environmental Art – Duration 1 ½ hours

This activity enables pupils to create their own ephemeral natural masterpieces. Using natural material found around the hostel grounds, children create their own inspired artwork.



Evening Activities

Campfire – duration 1 ½ hours

What better way to complete your day than sitting out under the stars with a roaring campfire? The on-site staff will build and lead a campfire session, including campfire songs, skits and toasted marshmallows.

Rokit Launch – Duration 1 ½ hours

Pupils build and design their own rocket with an 'egg' payload. Rockets are then part filled with water and using a track pump, launched into space. Can the egg return safely from orbit?

Night Hike – Duration 1 ½ hours

An exciting torchlit walk along Loughrigg Terrace, descending to Grasmere shoreline. Although not far from the hostel, this will feel like a million miles from anywhere for the pupils.

Multi-Activity Programme

Includes a selection of the Discovery activities, with the addition of some more adventurous activities. If you wish to include these adventurous activities, please let us know at the time of your enquiry – prices are higher for multi-activity programmes. Multi-activity activities include:

Ghyll Scrambling – Duration 1 ½ hours

A wet and wild journey exploring the path of one of many mountain streams. The group will negotiate waterfalls and discover hidden pools as they travel ascend through fast flowing water.

Canoeing – Duration 1 ½ hours

The group will paddle out onto Windermere, England's largest lake, learning watercraft skills and taking part in team building games and challenges.

Raft building – Duration 1 ½ hours

Working in teams to construct rafts before launching them for their first voyage. This is a great challenge, incorporating creativity and design skills. Will you be paddling away or swimming back to shore?

Rock climbing – Duration 1 ½ hours

This activity will be a physical test as well as a test of nerves. Taking place in a local quarry, groups will have the opportunity to scale rock walls, before abseiling back to earth.

The Alex Rider Spy Themed Programme

Turn your students into super agents and watch them reap the rewards of working as a team with the **Alex Rider Mission Briefing**. During this experience, pupils (or 'agents' as they will be referred to) will be put through their paces as they hone their skills in a variety of action-packed activities and spy skills.

All of the Discovery activities can also be included as part of our exciting **Alex Rider Mission Briefing** package, but this time they are delivered with a **spy theme!**

All **Mission Briefing** participants will be given agent names for the duration of the stay, as well as a certificate of achievement. They will also receive a free copy of Anthony Horowitz's **Stormbreaker** novel courtesy of Walker Books Ltd.

There are also additional evening activities including **code breaking, gadget design and hunt the double agent.**



Why choose Langdale?

The hostel is an amazing and mystical venue, benefitting from its glorious, secluded location nestled between Lakeland Fells. It is an ideal base for walking, with easy access to gentler or more challenging adventures from the doorstep. There is plenty of safe outdoor space to enjoy the fresh air, views and take part in activities. Alternatively, groups can learn about trees from around the world in the adjoining arboretum, which is also home to a family of red squirrels.

What can we eat?

The package includes a **full board meals service for groups** covering breakfast, packed lunch, and a two-course evening meal.

Breakfast is a buffet, served by members of the team, with guests choosing items from a range of cooked food (**sausage, bacon, hash brown, tomato, beans, scrambled eggs and vegetarian sausage**), continental pastries, cereal, yoghurt, fruit juice, along with tea and coffee.

Packed lunches consist of a pre-ordered sandwich, a piece of fruit, a biscuit bar and a bag of crisps. Please note that as part of YHA's commitment to reducing plastic waste, bottled drinks are not provided - however a water refilling station is available and we recommend that all guests bring a bottle to fill and refill.

Evening meals vary on different days, and an **example** two-course evening meal would consist of the following options:

Red tractor pork sausage with gravy and mash with vegetables
- 915 kcal

Vegetarian Cumberland sausage with gravy and mash with vegetables (v) - 787 kcal

Jacket potato with cheese & beans (optional) (v) - 657 kcal

Mini doughnuts with salted caramel sauce (v) - 285 kcal

Choc ice (v) - 171 kcal

Fresh fruit (v)

The team can cater for most allergies and other dietary requirements with advanced notice. Group leaders are sent meal choice forms ahead of the visit to allow participants to make their choices and return them along with details of any dietary requirements.

Be more inclusive - reducing the cost for parents



Find out more about us at [firsttravelsolutions.com/fest](https://www.firsttravelsolutions.com/fest)

We understand the current impact of cost-of-living increases on household budgets. We recognise how this will be affecting some children's opportunity to take part in a school trip.

You can help parents to include their child in a visit by moving your trip to a low season month, reducing the cost burden significantly and thus encouraging more opportunities for more children.

We can beat the squeeze on budgets with our low season residential packages, delivered between November and March when significant savings can be made.



These special prices are only available when booked directly with us as an all-inclusive package



How to book

Simply let us have some details of your school, age and year group, your proposed group numbers and your ideal dates.

We will check availability and come back to you with one all-inclusive price.

Simple as that!

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