



Castle Head

All-inclusive KS2 Adventure Package

Save up to 40% on charges by visiting during low season

Book Now

Call us on **0203 467 2002** or email school.travel@firstbus.co.uk to discuss your requirements.

Low season
special offers for
visits taken
between
Nov 2023 -
March 2024

All-inclusive packages

These all-inclusive KS2 residential visits are delivered in partnership with FSC Castle Head - we include return coach travel, full board accommodation, plus your 'off the shelf' Adventure Package. This offer relates to trips taken between November 2023 and March 2024.

Who are we?

First Education and School Travel are one of the UK's leading providers of school trip packages, working in partnership with over 100 venues and activity providers.

Renowned school tour operator

We are a fully bonded school tour operator working to current UK Package Travel Regulations, meaning your payments are 100% safe with us.



The Venue

Castle Head is located in beautiful South Cumbria between the coast of Morecambe Bay and the Lake District National Park. With access to both the coastline of Morecambe Bay, the glaciated uplands of the southern Lake District and the lakes of Windermere and Coniston, Castle Head is ideally situated for a wide range of outdoor learning activities.



Accommodation: Comfortable accommodation for up to **160 guests** in a mix of dormitories and en-suite rooms.

Meals: Fully catered homemade healthy meals from evening meal on day 1 through to packed lunch on day 3, with all dietary concerns taken care of.

There are generous indoor spaces and common room areas. All bedding is provided but all participants should bring their own towels and toiletries. Participants can hire walking boots, wellingtons, small rucksacks, and waterproofs.

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The Adventure Package

Delivered over 2 nights / 3 days - Day 1: The coach will arrive at school in plenty of time for you to travel to Castle Head, aiming for a noon arrival time at the centre. Activities start on the afternoon on Day 1. All activities are led by experienced and qualified tutors/instructors and are fully risk assessed and suitable for all ages and abilities.

These primary focused adventure programmes get children involved and engaged in the outdoors, taking part in hands-on, safe experiences, providing opportunities to enjoy adventures they will remember forever. Programmes are designed to:

- Increase interaction with nature
- Build confidence and resilience through activities and challenges
- Encourage communication skills and develop social bonding
- Encourage independent thinking and personal achievement

Day 1: Arrival and Welcome to the Centre

AM	PM	EVENING
<p>Arrive on site at around 12:00</p> <p>Eat own packed lunches</p> <p>Welcome</p>	<p>Outdoor Team Challenges</p> <p>An exciting and challenging introduction to the concepts of working well together, using a wide variety of fun activities and puzzles designed to encourage problem solving and teamwork.</p>	<p>Nightwalk</p> <p>Exploring our natural local area to see what we can see and hear. We can maybe wear a blindfold or turn our headtorches off in the dark. Anyone know a good ghost story?</p>

Day 2

AM	PM	EVENING
<p>Canoeing</p> <p>Paddling in sheltered water in two or three-man canoes is a low impact activity, good for mental and physical health, teamwork and communication.</p>	<p>Low Ropes</p> <p>These activities are the perfect setting for children to develop flexibility, strength, control and balance in an a great outdoor environment. Balance beams, rope bridges and scramble nets allow the whole group to keep active and challenge themselves.</p>	<p>Music, Stories, and Campfire</p> <p>Gather around the fire, for an evening of entertainment, stories, and music. Tell your own story, make your own drum or just sit back and relax with a hot chocolate and enjoy the fire.</p>

Day 3

AM	PM	EVENING
<p>Wilderness Bushcraft</p> <p>Discover how to survive a night in the wild. Work in teams to build shelters and try lighting a fire using natural materials. Maybe even cook some nettle tea to have around the fire.</p>	<p>Eat packed lunch on site and say goodbye.</p> <p>13.00 Coach Departs Castle Head</p>	



Be more inclusive

We understand the current impact of cost-of-living increases on household budgets. We recognise how this will be affecting some children's opportunity to take part in a school trip.

You can help parents to include their child in a visit by moving your trip to a low season month, reducing the cost burden significantly and thus encouraging more opportunities for more children.

This low season all-inclusive package is delivered between November and April each year.

These special prices are only available when booked directly with us as an all-inclusive package.

How to book

Simply let us have some details of your proposed group and your requested dates between November and March and we will provide an all-inclusive quotation.

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